

# APPENDIX C

## Mentee Action Plan



Initial reflections – to be completed by the mentee in advance and discussed with the mentor

Describe your:

<b>Strengths</b> Personal characteristics?	
<b>Capabilities</b> Existing skills?	
<b>Ambition</b> Where do you want to get to?	
<b>Timescales</b> When do you want to get there?	
<b>Motivation</b> Why do you want to do this?	
<b>Development</b> Which skills do you want to develop?	
<b>Barriers</b> What external things may get in your way?	
<b>Resources</b> Who or what will help you achieve your ambitions?	
<b>Learning</b> What do I need to find out?	

### Learning goals – Long-term goal:

Specific learning goal	How will I know when I have succeeded?	Are there any barriers to consider?	Agreed goal deadline

### Agreed actions:

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